

## Registration Dates

Sessions	Lesson Dates	Resident Online Registration Dates	Non-Resident Registration Dates	Online Registration Ends
Saturday Session 1	June 19 - July 17	June 12 at 7pm	June 15 at 7pm	June 18 at 12pm
Summer 1	June 21 - July 2	June 12 at 7pm	June 15 at 7pm	June 19 at 12pm
Summer 2	July 5 - July 16	June 26 at 7pm	June 29 at 7pm	July 3 at 12pm
Summer 3	July 19 - July 30	July 10 at 7pm	July 13 at 7pm	July 17 at 12pm
Saturday Session 2	July 31 - Aug. 28	July 24 at 7pm	July 27 at 7pm	July 31 at 12pm
Summer 4	Aug. 2 - Aug. 13	July 24 at 7pm	July 27 at 7pm	July 31 at 12pm
Summer 5	Aug. 16 - Aug. 27	August 7 at 7pm	August 10 at 7pm	August 14 at 12pm
Post Summer Private Lessons	M & W Aug. 30-Sept. 27 or T & Th Aug. 31-Sept. 23	August 21 at 7pm	August 24 at 7pm	August 28 at 12pm

## Mayfair Pool Activity Schedule

Lap Swim Schedule		
Activity	Dates/Times	Fee Schedule
<b>Recreation Swim</b> Session 1: 1-230pm Session 2: 245-415pm  Not all sessions offered daily.	<b>July 19 - August 29</b> Monday - Friday: Session 1 only Saturdays: Session 1 & 2 Sundays: Session 2 only  <b>September 4-6: Session 1 &amp; 2</b>	<b>Lakewood resident Fee:</b> Ages 17 & Under: \$1.00 Ages 18 & Older: \$1.50 <b>Non-Resident Fee:</b> Ages 17 & Under: \$2.00 Ages 18 & Older: \$3.00 Recreation Swim is cash only
<b>Adult Lap Swim</b> For ages 16 and over. Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool.	<b>June 19 - August 28:</b> Monday - Thursday: 6 - 7 p.m. Mondays & Wednesdays: 7:30 - 8:30 p.m. Saturdays: 8:30 - 9:30 a.m.	<b>Lakewood Resident Fee:</b> Adult Lap Swim: \$2.00  <b>Non-Resident Fee:</b> Adult Lap Swim: \$3.00  Pre-registration required
<b>Lap Swim 50+</b> For ages 50 and over. Note: Multiple classes will be operating at the same time, therefore lap swim may go short course (width) of the pool rather than long course (length) of the pool.	<b>June 20 - July 25</b> *No class July 4 <b>August 1 - August 29</b> Sundays: 11 a.m. 12:30 p.m.	<b>Lakewood Resident Fee:</b> 50+ Lap Swim: \$10.00  <b>Non-Resident Fee:</b> 50+ Lap Swim: \$15.00  Pre-registration required

## Aqua Zumba

Grooving to the beats of salsa, flamenco and merengue music feels more like a dance party than a workout...especially when you add water! This is exactly what makes Aqua Zumba so popular. Easy on the joints and intense on the fun. This is a summer workout that can't be beat! Join the party today! Instructor: Kick It Up Staff

19822	M	6:00pm-7:00pm	6/21-7/19	MPL	\$45/5 Mtgs
19854	W	6:00pm-7:00pm	6/23-7/21	MPL	\$45/5 Mtgs
19853	M	6:00pm-7:00pm	7/26-8/23	MPL	\$45/5 Mtgs
19855	W	6:00pm-7:00pm	7/28-8/25	MPL	\$45/5 Mtgs



## Water Aerobics (Summer Shallow)

It's going to be a long hot summer! Stay healthy and active! Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! Instructor: City Staff

20150	Sa	8:30am-9:30am	6/19-7/17	MPL	\$24/4 Mtgs
20147	T,Th	6:00pm-7:00pm	6/22-7/8	MPL	\$36/6 Mtgs
20148	T,Th	6:00pm-7:00pm	7/13-7/29	MPL	\$36/6 Mtgs
20151	Sa	8:30am-9:30am	7/31-8/28	MPL	\$30/5 Mtgs
20149	T,Th	6:00pm-7:00pm	8/3-8/26	MPL	\$48/8 Mtgs

## Water Aerobics 50+

It's going to be a long hot summer! Stay healthy and active! Burn fat while doing moves that will shape and sculpt your body with zero stress to the joints! This class is for ages 50 and older.

Instructor: City Staff

\*No class July 4.

20310	Su	11:00am-12:00pm	6/20-7/25	MAY	\$30/5 Mtgs
20311	Su	12:30pm-1:30pm	6/20-7/25	MAY	\$30/5 Mtgs
20312	Su	11:00am-12:00pm	8/1-8/29	MAY	\$30/5 Mtgs
20313	Su	12:30pm-1:30pm	8/1-8/29	MAY	\$30/5 Mtgs